



SHATTERING THE CANCER MYTH - A positive guide to beating cancer - Second Edition

Katrina Ellis

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Katrina Ellis' story is one that will amaze and encourage anyone who has found themselves affected by the harsh realities of cancer. A survivor herself, and practicing naturopath for over fifteen years, she writes with personal candour about her own experience of conquering malignant ovarian cancer and, in doing so, offers a profusion of hope to her readers. Shattering the Cancer Myth is not only the remarkable story of one woman's battle to overcome cancer but is a practical and comprehensive guide that explores the science behind orthodox treatment and how to counteract its side-effects, as well as detailing complementary treatment options, including medicinal herbs, vitamins, minerals, diet, healing recipes, nutraceuticals and many other useful self help techniques. The second edition to the original best seller, Shattering the Cancer Myth, updates Katrina's remarkable story and includes a balanced approach using complementary and orthodox therapies to help beat this life threatening disease. Katrina's holistic approach to healing may be the helping hand you have been searching for on your journey back to radiant health. 'Shattering the Cancer Myth is nothing less than a unique manual for turning one's life around with a very special bonus: this book has soul'. Leslie Kenton: award winning journalist, novelist, broadcaster, lecturer and social activist.

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