



Journey Of The Adopted Self: A Quest For Wholeness

Betty Jean Lifton

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Betty Jean Lifton, whose *Lost and Found* has become a bible to adoptees and to those who would understand the adoption experience, explores further the inner world of the adopted person. She breaks new ground as she traces the adopted child's lifelong struggle to form an authentic sense of self. And she shows how both the symbolic and the literal search for roots becomes a crucial part of the journey toward wholeness.

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