



# Journal Fodder 365: Daily Doses of Inspiration for the Art Addict

*Eric M. Scott, David R. Modler*

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With *Journal Fodder 365*, the **Journal Fodder Junkies** will lead you on a year-long adventure in drawing and writing, in painting and collage, and in the flotsam and jetsam of your daily experiences. You will uncover simple strategies to make the visual journal a part of your life and you'll discover new techniques for refining your personal narrative in an authentic and unique voice.

Inside You'll Find:

- 12 themed chapters, ranging from Personal Mythologies and Histories to Connections and Relationships to Symbolically Speaking and beyond
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