

Marriage Shock: The Transformation of Women into Wives

Dalma Heyn

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Relationship expert Dalma Heyn asks not what is good for marriage but what is good for *women* in marriage—a question, she finds, that promises a much different answer and more fulfilling lives

Marriage, as we are told, makes a woman complete, more *womanly*. Why, then, do so many brides discover that the fun-loving, passionate single gal they used to be has been transformed into a woman recognizable only as a *wife*—a woman who unconsciously represses her own needs, wants, and vitality "for the sake of the marriage"?

Attacking the pervasive cultural myths that ask a wife to choose between her marriage and her own growth and self-expansion, *Marriage Shock* explores the ways in which wives can overcome deeply ingrained social and personal expectations and flourish both as wives and as individuals.

This ebook features a new introduction by Dalma Heyn and an illustrated biography including rare photos from the author's personal collection.



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