



# Thyroid Symptoms: Dieting to Treat the Over or Underactive Thyroid

*Maria Spencer*

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## **Thyroid Symptoms: Dieting to Treat the Over or Underactive Thyroid** Maria Spencer

"Thyroid Symptoms: Dieting to Treat the Over or Underactive Thyroid" is a book that gives the reader the opportunity to learn a bit more than the basics about thyroid disease and also to find out what can be done, other than medical intervention to help to treat or control the disease. As more and more persons are being diagnosed with this disease in the last few years, it has become extremely important to have relevant information on the disease. The book is ideal for any individual that may want to learn about thyroid disease just to be more informed on the subject or for the individual that has or may know someone that has this disease.

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