



Bach Flower Remedies For Men

Stefan Ball

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In the 1930s Dr Edward Bach found that restoring emotional balance to his patients drove out ill-health and unhappiness. *Bach Flower Remedies for Men* shows how his 38 flower-and-plant-based remedies apply to the particular emotional problems of men, and how a system that heals the whole person can win freedom from the pressure to conform and perform.

Topics covered include bullying, falling in love, sexuality, job-hunting, redundancy and fatherhood, and specific problems from acne and hair loss to heart disease and prostate trouble are described in a practical, non-technical way.

Bach Flower Remedies for Men is written with men in mind. But it will prove invaluable to therapists, healers, lovers, wives, sisters, daughters and mothers - anyone, in fact, who has a man's welfare at heart.

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