

Epiphanies: Where Science and Miracles Meet

Ann Jauregui



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In a quiet moment of therapy, a breakthrough comes -- the miracle of the new.

To experience an epiphany is to have sudden insight into the essential meaning of something, unleashed sometimes in exquisitely slow motion, sometimes in a flash. In an intimate, lyrical integration of the science of psychology and transcendence of spirituality, celebrated clinician Dr. Ann Jauregui introduces us to nine individuals who have undergone astonishing transformations by exploring a world quite different from the one described by our five senses. With moments of miraculous and joyful surprise, *Epiphanies* exposes a reality outside of everyday existence that has momentous implications for life's ultimate questions.

"Shyly we venture out with these stories," Dr. Jauregui writes, "into a world where science itself is struggling to describe a realm out of time and space and language." We are the beneficiaries of these extraordinary shifts of perspective, invited into a sparkling conversation that allows us to see the potential residing in all of us.

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Playing with family within a park, coming to see the water world or hanging out with close friends is thing that usually you could have done when you have spare time, in that case why you don't try issue that really opposite from that. One particular activity that make you not sensation tired but still relaxing, trilling like on roller coaster you are ride on and with addition of information. Even you love Epiphanies: Where Science and Miracles Meet, it is possible to enjoy both. It is excellent combination right, you still wish to miss it? What kind of hangout type is it? Oh come on its mind hangout folks. What? Still don't obtain it, oh come on its known as reading friends.

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