



# Aging and Mental Health (Understanding Aging)

*Daniel L. Segal, Sara Honn Qualls, Michael A. Smyer*

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**Aging and Mental Health (Understanding Aging)** Daniel L. Segal, Sara Honn Qualls, Michael A. Smyer  
This fully revised and updated second edition provides a complete introduction to aging and mental health for psychology students taking courses in aging as well as for academics and practitioners working in the field of gerontology.

- Offers a comprehensive review of models of mental health and mental illness, along with their implications for treatment of older adults
- Provides a pragmatic analysis of assessment and treatment approaches that both students and practitioners will find useful
- Uses case studies to link theory and practice
- Fully updated to include discussion of the development and implementation of evidence-based treatment protocols in the field of mental health; the increasing prevalence of cognitive impairment and an appreciation of its implications for a variety of functional behaviors; and a changing understanding of long-term care away from a focus on institutional care and toward a broader spectrum of services

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