



# La Bella Vita: Daily Inspiration from Italy

*Helen Ruchti*

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## **La Bella Vita: Daily Inspiration from Italy** Helen Ruchti

As one of the world's top travel destinations, Italy charms visitors with the beauty of its countryside and people, the richness of its cuisine and wines, and the vastness of its history and culture. Helen Ruchti, a missionary in Rome for 25 years, has captured the bella vita, or beautiful life, of this country in her daily writings. From the ancient Etruscans to the reign of Caesar, from historical events to current happenings, from Leonardo da Vinci to Michelangelo, readers will learn about this country and its impact on the world. Each entry includes a short discussion of a different topic and a relevant passage from Scripture and prayer. Italian facts and tidbits are scattered throughout the book. An extensive index is included for those planning a trip to Italy. Written for those already intoxicated with Italy or for those who wish to broaden their own spiritual sensitivity through daily study and prayer, La Bella Vita will appeal to anyone who appreciates this beloved country.

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