



# Single Parenting That Works: Six Keys to Raising Happy, Healthy Children in a Single-Parent Home

*Kevin Leman*

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## **Single Parenting That Works: Six Keys to Raising Happy, Healthy Children in a Single-Parent Home** Kevin Leman

Being a parent is challenging enough. Being a single parent can seem downright impossible—until now. Drawing on material from his successful *Single Parenting That Works* curriculum guide and video series, America's favorite parenting expert, Dr. Kevin Leman, brings help and hope to the legions of single parents struggling to raise happy, healthy, well-adjusted children in a loving, caring and biblically grounded way. Using his trademark quirky, no-nonsense approach, Dr. Leman shows parents how to build healthy, mature relationships with their former spouses, how to develop their children's self-esteem, and how to discipline and relate to their kids in accordance with their unique God-given personalities.

### **Features:**

- Building stability for your children by getting your own life in order.
- How forgiveness opens the door to healthy relationships
- Learning to deal with your “ex” with an olive branch rather than a hammer
- Dating and remarriage
- Helping your child thrive in a single parent home

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