



The Supervisory Alliance: Facilitating the Psychotherapist's Learning Experience

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How do psychotherapists continue to learn their craft? By treating patients, of course—but without supervision, therapists may find themselves enmeshed in emotional encounters with patients that may be unclear, undirected, and unhelpful. Proper supervision, though, can help therapists learn more about their patients, themselves, and the interaction between the two. Supervisors, too, must learn their craft—and this valuable book helps supervisors and supervisees think more psychodynamically about what happens in supervision. Issues such as the supervisee's internalizations of the supervisor, impasses, gender roles, personal styles, and different needs of the supervisor and supervisee are opened up in this wide-ranging, timely book.

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