



# Getting Past the Guilt: When a Loved One Has Alzheimer's Dementia

*Marcella Peyre-Ferry*

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## **Getting Past the Guilt: When a Loved One Has Alzheimer's Dementia** Marcella Peyre-Ferry

When a loved one is suffering from Alzheimer's or dementia, you may feel that you have lost them, even though they are still physically healthy. The person you know and care for is slipping away day by day leaving you to deal with a turmoil of emotions. In *Getting Past the Guilt*, Marcella Peyre-Ferry recounts her personal experiences dealing with the mental decline of her father, who remained at home until his death; her aunt who was placed in a nursing home after hospitalization; and her mother who was placed in a nursing home when she became dangerous to herself. Peyre-Ferry exposes some of the common myths and misconceptions people struggle with when someone close to them is suffering from dementia. By writing this book and sharing her experiences, she hopes to make it easier for others who are also going through this difficult stage of their lives. The book will be useful for caretakers, family members, medical professionals, and social services workers dealing with Alzheimer's patients. It will prove valuable for those who are dealing with "best care" issues and struggling with the guilt of difficult decisions.

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