



Sensational Stevia Desserts

Lisa Jobs

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Sensational Stevia Desserts is overflowing with the widest selection of fantastic, low-carb desserts to help you take sugar and artificial sweeteners out of dessert preparation forever. You'll enjoy 82 luscious, low-carb desserts using stevia, an all-natural alternative to sugar and artificial sweeteners! Stevia makes desserts delicious and lower in calories, without sacrificing flavor!

It's the only stevia cookbook with exclusively dessert recipes; a beautiful, full-color, eight-page, photo insert; comprehensive nutrition information; detailed measurements for multiple stevia brands; and eye-opening nutritional comparisons to traditional sugar recipes and store-bought counterparts of recipes.

Lead a healthier lifestyle by reducing your sugar and artificial sweetener intake with these stevia desserts. Also, if you're diabetic, dieting, hypoglycemic or suffer from candida, stevia may be of interest to you since it doesn't affect glucose levels, has no fat, no calories, no carbohydrates and no sugar or artificial sweeteners!

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