



On Your Mark, Get Set, Grow!: A "What's Happening to My Body?" Book for Younger Boys

Lynda Madaras, Paul Gilligan

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Recognizing a need for puberty education books for younger children, award-winning author Lynda Madaras published *Ready, Set, Grow!: A "What's Happening to My Body?" Book for Younger Girls* in 2003 to widespread acclaim. Now, in her uniquely straightforward, warm, and funny style, Madaras introduces *On Your Mark, Get Set, Grow!: A "What's Happening to My Body?" Book for Younger Boys*.

Responding to real-life questions and concerns from younger boys about their changing bodies, Madaras covers a wide range of topics at a reading and understanding level that's just right for them: the growth of sex organs, body hair, and facial hair; weight and height spurts; the unwelcome appearance of acne and body odor; shaving; circumcision; erections and ejaculation; feelings about puberty; and bullying.

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Frank Foushee:

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