



# Brief Mental Health Interventions for the Family Physician

*Michael V. Bloom, David A. Smith*

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**Brief Mental Health Interventions for the Family Physician** Michael V. Bloom, David A. Smith

This is an ideal resource for Family Physicians, providing a "refresher course" of sensible paths toward resolution of common mental health problems. It features an easy-to-read style, and well-focused references. The book summarizes the basic components of brief therapy and reviews how to conduct a brief therapy interview. Each chapter includes an outline, a case example or vignette, and a concise discussion of brief therapy strategies for the disorder.

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