

Uncommon Happiness

Dzigar Kongtrul Rinpoche

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Dzigar Kongtrul guides us through intelligent reasoning to identify our deluded perception of a truly existing self and shows us the key to awakening from this fundamental confusion. Rinpoche's brilliant commentary on the classical Indian Buddhist text, The Way of the Bodhisattva by Shantideva is a testament to this inspiring teacher's compassionate and compelling style. Uncommon Happiness is saturated with advice from an adept practitioner of the Buddhist Path. By expounding the essential meaning of the engaged Buddhism and introducing skillful methods to utilize along the way, he reveals our innate wisdom mind and challenges us to meet and employ our intrinsic enlightened capacity.

In this extraordinary book, we have the unique opportunity to connect with a realized teacher, renown for his compassion and kindness, who skillfully teaches us how to reach that same level of conviction and certainty in our self. This clarification overflows with the genuine delight and humanity Dzigar Kongtrul Rinpoche embodies. These qualities transcend time, race, and place and are universal principles for all people to live by.

Here is a combination of primordial notions expounded in the 8th century and practiced throughout the world till the present time and a modern interpretation pertinent to contemporary audiences. These values include loving kindness, compassion, joy and impartiality as well as generosity, patience, discipline, morality, diligence, peaceful abiding and intelligence. Instructions to engage in these trainings are presented with clear and precise language, easy to comprehend and apply.



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From reader reviews:

Mary Gillon:

Have you spare time for a day? What do you do when you have much more or little spare time? Yes, you can choose the suitable activity intended for spend your time. Any person spent their particular spare time to take a go walking, shopping, or went to the Mall. How about open or read a book called Uncommon Happiness? Maybe it is for being best activity for you. You already know beside you can spend your time together with your favorite's book, you can more intelligent than before. Do you agree with their opinion or you have additional opinion?

Frank Barcomb:

Typically the book Uncommon Happiness has a lot of knowledge on it. So when you read this book you can get a lot of gain. The book was published by the very famous author. The writer makes some research previous to write this book. This kind of book very easy to read you will get the point easily after reading this book.

Colleen Key:

The reason why? Because this Uncommon Happiness is an unordinary book that the inside of the publication waiting for you to snap it but latter it will distress you with the secret it inside. Reading this book adjacent to it was fantastic author who also write the book in such awesome way makes the content inside of easier to understand, entertaining technique but still convey the meaning completely. So , it is good for you because of not hesitating having this ever again or you going to regret it. This amazing book will give you a lot of advantages than the other book get such as help improving your expertise and your critical thinking approach. So , still want to hesitate having that book? If I were you I will go to the publication store hurriedly.

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