



Journey to the Heart: Daily Meditations on the Path to Freeing Your Soul

Melody Beattie

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Journey to the Heart by *New York Times* bestselling author of *Codependent No More*, *Beyond Codependency*, and *Lessons of Love*, contains 365 insightful daily meditations that inspire readers to unlock their personal creativity and discover their divine purposes in life.

“Melody Beattie gives you the tools to discover the magnificence and splendor of your being.” –Deepak Chopra, author of *Jesus* and *Buddha*

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