

Shore Lines: Reflections Beside the Wide Water

Mari Messer

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Shore Lines can help you restore meaning and gain perspective. Mari Messer is a sea lover, who takes annual seaside retreats to collect shells, watch people and animals, and fill notebooks with images, musings, and reflections. The result of her sojourns is a book in the tradition of Anne Morrow Lindbergh's Gift from the Sea. Shore Lines presents the sea as a guide to life, helping readers become more focused and grounded as they view their lives through Messer's lyrical lens.

With *Shore Lines*, Messer inspires readers to "explore your own inner sea-space. To some, taking time for reflection may seem like selfish indulgence... But perhaps now more than ever, we need such a respite, a chance to restore balance and clarity... We need to go apart when there's danger we may come apart. If you can't get to the sea, I urge you to sit beside a fountain in a park, or seek out a river, a lake, even a puddle for your reflection. Or simply come along on an imaginal sojourn beside the sea as you read these pages."

Dip into Shore Lines to discover:* The power of the night stars appearing at twilight over the sea.* The meaning of a bouquet of gull feathers.* How to learn from sea cows and have "friendship for no advantage."* The retreating tide has a pallet that "accepts our old work and leaves a smooth new beach to entice us to begin again."

Shore Lines is a vacation retreat by the sea that anyone can take any time of the year.



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