



## Planting the Future: Saving Our Medicinal Herbs

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# Planting the Future: Saving Our Medicinal Herbs

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**Voted one of the Top 10 books in 2000 by the Vermont Book Publishers Association.**

A collective endeavor by United Plant Savers, featuring America's most respected and well-known herbalists.

Contributors include Don Babineau, Tim Blakley, Mark Blumenthal, Jane Bothwell, Stephen Harrod Buhner, David Bunting, Richo Cech, Tane Datta, Shatoiya and Rick de la Tour, Ryan Drum, Doug Elliott, Steven Foster, Cascade Anderson Geller, Kate Gilday, Rosemary Gladstar, James Green, Pamela Hirsch, Christopher Hobbs, Sara Katz, Kathi Keville, Robyn Klein, Richard Liebmann, Brigitte Mars, Pam Montgomery, Nancy and Michael Phillips, Janice J. Schofield, Joanne Marie Snow, Deb Soule, Paul Strauss, Gregory L. Tilford, Krista Thie, Susun S. Weed, David Winston, Martin Wall, Matthew Wood.

While the renaissance in the U.S. botanical market is positive in many respects, medicinal plant populations are suffering from loss of habitat and overharvesting, and many bestselling herbs are now at risk including echinacea, American ginseng, goldenseal, Hawaiian wild kava, and wild yam. The authors share their extensive experience with using and growing thirty-three of these popular herbs and include suggestions for creating your own private herbal sanctuary--whether a city balcony, suburban backyard, or rural retreat. Full-color photographs will inspire experienced and novice herb users alike to protect and cultivate these remarkable healing plants. Readers will also find out how to use herbal analogues for at-risk plants--other medicinal herbs that provide the same benefits and exist in plentiful amounts--and learn ways to make their herbal purchases a vote for sustainability. *Planting the Future* shows us how we can participate in the land stewardship, habitat protection, and eco-friendly consumption that will ensure an abundant, renewable supply of medicinal plants for future generations.

All author royalties will be used for replanting native medicinal herbs on a 370-acre botanical sanctuary in Ohio.

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#### **Julio Rico:**

A lot of people always spent their own free time to vacation or even go to the outside with them family members or their friend. Were you aware? Many a lot of people spent that they free time just watching TV, or maybe playing video games all day long. If you would like try to find a new activity that is look different you can read some sort of book. It is really fun for you. If you enjoy the book you read you can spent the entire day to reading a guide. The book Planting the Future: Saving Our Medicinal Herbs it is quite good to read. There are a lot of people who recommended this book. These were enjoying reading this book. If you did not have enough space to deliver this book you can buy typically the e-book. You can more quickly to read this book from your smart phone. The price is not too costly but this book features high quality.

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